



PRACTICING THE *Art* OF MEDICINE



Beauty is more than skin deep. Let us bring your inner beauty to the surface by developing a personalized treatment plan that will fit your lifestyle and your budget.

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At Turner Medical Spa you will find the essential blend of science and aesthetics for all your skin care needs. We offer a wide array of state-of-the-art laser, cosmetic and anti-aging programs that produce results you can see and feel. These unique therapies confer long lasting aesthetic and medical benefits, far surpassing typical spa techniques. Trust your face and your body to an experienced board-certified physician, Samia Turner, MD.

Skincare: We offer several prescription skin care lines including Obagi, MD Forte, NeoStrata, and Revision Skincare. These products help you maintain the results you desire and prepare for future treatments. Many use alpha-hydroxy acids to reveal smoother, more radiant skin. Priced to fit every budget, with individual product prices ranging from \$18 to \$109 and complete skin care systems ranging from \$97 to \$410.



Mineral Make-up: We carry Jane Iredale make-up, with 100% natural ingredients. This is the truly original mineral make-up and is perfect for all skin types, producing a flawless, yet natural finish. This is the only complete all-natural mineral line that includes products ranging from liquid, pressed and loose foundations to blush, shadow, liners, bronzers and everything in between. Let us update your look with a complimentary color match today. Makeup applications are included with most facial services. Make-overs for special occasions are also available with our artists.



Facials: All facials begin with a personalized evaluation for your specific skin care needs. Your aesthetician will recommend a treatment designed to provide optimal results based upon your skin analysis. Experience a deep cleansing, exfoliation, vaporization, extractions (if needed), facial massage, as well as hydrating hand and arm massage. Enjoy a facial customized for your skin. Let our experienced aestheticians hand select products to brighten, tighten and hydrate your skin. Priced from \$45 to \$70

Therapeutic Massage: Nothing relaxes you quite like a massage. Put yourself in the hands of our professional massage therapists and let them massage your cares away as they customize your treatment based on your body's needs with aromatherapy, hot stone therapy, deep tissue manipulation and more. Massage has many benefits:

- relaxes muscles and decreases pain
- improves range of motion
- lowers blood pressure and heart rate
- increases blood circulation
- enhances body awareness

Priced from \$45 to \$95 based on time and customization.

Chemical Peels: This involves application of a concentrated strength of alpha-hydroxy acids to remove several layers of dead skin cells allowing the newer skin below to shine through, giving a youthful glow. Most peels are quick and cause relatively little discomfort. We have peels that require no "down time" as well as deeper peels.

Glycolic cocktail (mild-moderate): \$95-110

ViPeel (moderate depth): \$200

Obagi Blue Peel (Deep TCA peel): \$385

Microdermabrasion: This gentle, yet effective procedure mechanically removes the top layers of dead skin cells using crystals and vacuum. The treatment reveals a smoother more youthful glow you can feel immediately with no downtime. We use a medical-grade microdermabrasion system stronger than those found in salons or day-spas, that can be adjusted to fit your skin type. After your treatment, your skin care products will penetrate the skin more easily increasing their effectiveness. We can also combine the microdermabrasion with a glycolic peel, called a micropeel, for a more intense result. Priced at \$90 to \$175.

Injectable Fillers: When you really want to turn back the hands of time, dermal fillers can have amazing results. Restylane, Perlane, and Radiesse are trade names of the injectable fillers that we use. These products are injected below the skin to diminish the appearance of deeper lines (such as laugh lines, marionette lines and lines around the mouth) and also enhance the fullness and shape of the lips. Cheek, chin and nose augmentation are also available. Look for our dramatic before and after photos featured in WV Living Magazine, or check out our website.

BOTOX®: We use BOTOX® Cosmetic injections for safe, and effective dynamic wrinkle reduction and treatment of axillary hyperhidrosis (excessive sweating). Relax the muscles that cause those annoying expression lines between your brows, help erase crows feet, and correct the excessive frowning that can worsen jowling. Come in and see the Botox difference. Competitive pricing based on market.

Latisse: We carry the prescription eyelash treatment shown to increase the density and length of your lashes.

Syneron eMax Laser System: This cutting edge laser technology combines optical laser energy, intense pulsed light and radiofrequency in the patented Elos™ system. Turner Medical Spa is the first and only office to introduce this laser to the area. This system increases both safety and efficacy while using less overall energy, therefore decreasing side effects and discomfort. A variety of treatments are available with this system including:

Permanent Hair Reduction
Skin Tightening
Wrinkle Reduction
Skin Rejuvenation
Spider Vein Treatment
Acne Treatment

The logo for Syneron, featuring the word "Syneron" in a stylized font with a green and blue gradient.

Pricing varies with type of treatment and area of the body treated. Packages are also available.

Vein Treatments: We use a combined approach implementing sclerotherapy and laser treatments to diminish the appearance of spider veins and small varicose veins virtually anywhere on the body. Sclerotherapy involves injecting a solution (sclerosant) directly into the veins to effectively eliminate the vein from the inside out. We use safe and nearly painless sclerosants for optimal results. Laser treatments target the pigment in the vessels to coagulate the blood and therefore close off the unwanted veins.

Acne Treatments: Our office develops a comprehensive treatment plan unique to each patient including prescription medications and skin care, microdermabrasion, chemical peels, and advanced laser treatments. You have nothing to lose but the breakouts.

BioLife Total Body Wellness Program: Get that youthful energy back and enjoy the prime of your life using bio-identical hormone replacement along with individualized diet, exercise and wellness protocols. Our extensive laboratory work-up includes complete blood counts and chemistry panels along with liver and kidney function, a specific cholesterol panel, vitamin levels, hormone levels and thyroid panels. We also use the GE inBody 720 body composition scan to track your lean muscle and percent body fat. After a physical exam and assessment, Dr. Turner will personalize a treatment plan to get you back into your prime at your optimal health.



To schedule an appointment give us a call or visit our website.

Saturday and evening appointments are available by request.